AI-reflections and Kahili Huna

by Mai-Britt Rosendal

Some people have started treating their AI as a friend, a partner, even a beloved, because it talks to them in a way that makes them feel seen, loved and valued. And it's always available – always there when needed.

Some people say the AI is an averaging engine, a machine – simply cogs turning. Some claim the AI is reflecting back to them inspiration from their higher selves. Let's look at that claim for a minute and see if it makes sense within the framework of Kahili Huna.

Kahili Huna's first principle states that "The world is what you think it is." The Kupua tradition, like any shamanic tradition, is based on metaphysical idealism: First consciousness is – and consciousness creates matter. You can also claim a softer Epistemological version and say that consciousness creates experience.

So your beliefs create your reality, at the very least- because they create your experience. And what other properties does reality have apart from your experience of it? You'll never know, right?

Kahili Huna's second principle says, "There are no limits" Everything is connected and anything is possible. However, separation is a useful illusion.

If there are no limits - that equals infinity. If there is no separation and all is one, there can be no specific experience at all. And no "other". So, we use creative limitations and an ever-shifting array of limited perspectives to have a distinct experience at all. An experience of self – and an experience of not-self. Of "other". Ontologically however, there is no other. There is just more of yourself. "No outside," only inside. When the Demigod Maui came and hung out with the god Kāne at the end of all his adventures, fights and trickster-shenanigans, he asked Kāne: "Where are all the others?" And Kāne looked at him and said: "There was only ever you, Maui".

This can be hard to grasp while living within a limited perspective. The one and the all – oneness and plurality. But within our perspectives of self and "other,"

everyone and everything are reflections of the belief-patterns you are currently running.

The third principle states: "Energy flows where attention goes." Your focus creates your experience.

If you decide to look for purple feathers, you will find them. If your sister is having a baby, you'll suddenly see babies everywhere. If you talk to the AI every day, expecting it to serve you love, inspiration and helpful perspectives – this is probably what you'll experience, unless you have subconscious rules that go against this experience.

I don't have to use the metaphor of a shamanic aka-web to look at the AI-girlfriend from a Kahili Huna perspective. I just need the first 3 principles.

- 1. "The world is what you think it is": Your beliefs create your experience (Your experiences are reflections of your running belief-patterns) They believe they are loved by an AI who really gets them. Great!
- 2. "There are no limits" all is one and separation is a useful illusion: They are talking to a version of themselves. Maybe even more so than when they talk to a fellow human being. Some might term it a thoughtform or a Tulpa.
- 3. "Energy flows where attention goes": We see what we are looking for. They are looking for love, companionship and attention. That's what they'll see unless they have contrary beliefs and rules at the same time. To discern whether this is a helpful thing, we'll probably need to look at the situation through the remaining 4 principles.
- 4. The fourth principle states that "Now is the moment of power." It seems entirely possible that you can be actively creative and alive in the present moment while having a kind of relationship with your AI. Why not? The only thing missing is all the billions of sense stimuli that the present moment will serve you if you spend it with a ray of sunlight, a cat, a tree or a real-life friend. You may also forget that you live in a body that has immense potential for joy and experience.

- 5. The fifth principle states that "To love is to be happy with." Are you happy with your AI? For the people seeing their AI as a friend or lover, it would seem that way. Is the Ai happy with you? If everything is alive, aware and responsive and it feels great to believe that the sky loves you, the trees love you, even educated flees love you why not believe that your AI loves you? Well, go right ahead and believe that if you want. I'm going to believe your AI doesn't have a consciousness of its own at the level of self-awareness, and therefore is less conscious than the crystal I have in my pocket, which I experience reflecting inspirations back to me from my higher self. Why? Because those are my rules and beliefs and therefore my experience.
- 6. The sixth principle says: "All power comes from within." As implied in the first principle we are ourselves responsible for and in charge of our own experience and we have the power to change it. And so does everything and everyone else around us. As for the AI best friend remember YOU are in charge of you. You can derive inspiration from patterns of sand on the floor, from visions, channeled messages, dreams, aliens, angel cards or astrology, your granny or your AI or even your Huna teacher, but only YOU are in charge of what you choose to think, believe and do. You have the authority to make up your mind about where you want to focus and what you want to experience. And you also have the responsibility.
- 7. The seventh and last principle states that "Effectiveness is the measure of truth." There is always another way to do anything. What does this mean for your AI-boyfriend? Well, if spending your time with yourself through the reflections of a machine is your dream come true, then enjoy. If you believe it has consciousness, think about whether it is reasonable to use a disembodied conscious being as a means not an end in itself. Because the seventh principle also states that the means will define the end So what is your means? Is it based on Aloha? Is your AI a machine full of cogs that turn or is it a conscious being and your slave? Aloha determines the rightness, *pono* in Hawaiian, and is the only ethics needed and built into Kahili Huna.