

Three Important Things I Learned About Luck Because of Huna

By Pete Dalton and Stewart Blackburn

In this article, we (Pete Dalton and Stewart Blackburn) offer some more thoughts and musings on the topic of luck from a Huna perspective.

Luck isn't something you win—it's something you learn to live with.

When people talk about luck, it's often with a mix of awe and helplessness. “You're so lucky!” they say, as if luck is a force that just randomly blesses a few chosen ones. But after years of exploring and living the Huna way—both personally and through researching and teaching our course *A Huna Guide to Luck, Good Fortune & Success*—we've come to see luck in a completely different light.

Through Huna, we've discovered that luck is something you can build a relationship with. It's not simply a game of chance - it's a creative dance with energy, belief, emotion, and intention.

Here are three important things each of us has learned about luck, the Huna way.

Stewart's Three Lessons About Luck

1. Luck Responds to My Vibration

When I'm feeling grateful, relaxed, and aligned, luck seems to find me. Things just... work. Synchronicities increase. Doors open. People smile. The more I embody joy, trust, and openness, the more life meets me there. This isn't wishful thinking—it's energetic alignment. In Huna, we say, “Energy flows where attention goes.” So, when I pour attention into good feelings, which I try to do all the time, I start to live in a stream where good things happen more often.

2. Reframing Is a Superpower

Like the time I lost everything in Key West—pants, wallet, money, the works. It felt like terrible luck. But over time, I saw the gifts in it: the friends who helped, the paths it opened, the lessons I never could've learned otherwise. What we call bad luck often turns out to be a hidden blessing. Huna taught me to reframe events not as punishments, but as pivots—nudges from Spirit toward a better direction.

3. Inner Guidance Is My Luck Compass

I've learned to trust my Ku, to listen for the whispers of my Aumakua, and to honor those nudges that don't always make logical sense. They always lead somewhere meaningful. When I act on those intuitive hunches, I'm not “getting lucky”—I'm following a map I didn't draw, but that's somehow always guiding me home.

Pete's Three Lessons About Luck

1. Luck Is a Relationship, Not A Lottery

Before living Huna, I treated luck as something mysterious and inconsistent. Now, I treat it as a relationship I can nurture—through appreciation, ritual, and attention. I talk to it. I make offerings. I notice and name the lucky moments in my life. And just like any good relationship, the more I show up, the more it shows up for me.

2. Beliefs Are Luck's Gatekeepers

One of the most powerful shifts I made was realizing how much my beliefs were shaping my experiences. Thoughts like “I’m not a lucky person” or “things always go wrong for me” weren’t just ideas—they were creating my reality. Using Huna tools like Think-Feel-Relax (TFR) and belief reprogramming, I started shifting those internal scripts. I began saying things like, “I’m one of the lucky ones,” and soon enough, I started seeing proof.

3. Appreciation Is an Accelerator

When I see someone else living the life I want, I don’t feel envious anymore—I feel appreciative. I bless them. I smile for them. I tune in to that same frequency. Appreciation doesn’t just feel good—it’s like a form of magnetism. It aligns me with what I want, without struggle, lack or comparison.

What We've Both Learned

Luck isn’t a roll of the dice. It’s a reflection of the energy we hold, the beliefs we carry, and the way we engage with life. Sometimes luck shows up as a sudden win. Other times it’s the slow unfolding of exactly what we needed. But the more we trust, appreciate, and align ourselves with our deepest desires and highest guidance, the more luck seems to *like* being around us.

These are just our lessons. Yours may be different—but the magic is the same.

If you are interested in exploring this topic in more depth, we are running a seven part weekly online class entitled **A Shamanic Guide to Luck, Good Fortune and Success**. We start on 9th June. More information is available at the link below:

<https://www.urbanhuna.org/event/a-shamanic-guide-to-luck-good-fortune-and-success/>

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