



Huna Article

Ships in the Harbour

By Graeme Kaponu Urlich

A ship in the harbour is safe, but that's not why ships are built ~ John A. Shedd.

This quote caught my eye today and made me think. Ships in the harbour are safe from the storms at sea but they still need to be maintained, even while moored in a safe harbour. The hull can get infested with barnacles. The hull and deck fittings can rust. The engine can seize from lack of running as the oil degrades. Electronics and wiring can corrode, and so on. If the ship and its systems are not properly maintained it will never again be fit to take to the open ocean, and could actually sink in the harbour. Harbours are not immune to storms and tidal waves.

This started me pondering about how some people live their lives, how our thinking and behaviours need to be maintained and refined if they are not to wither and become ineffective, if they ever were for some people. Masters of any skill set still practice every day to maintain their proficiency, or they begin to lose it.

For me the Huna Philosophy, and the Aloha Spirit, has been a guiding light in my life, a way to measure results and create change where needed, a way to maintain the vessel of my mind for life's journeys. It's a life-long task, and I can honestly say, there have been times in my life where I might have decided not to continue with the journey, if not for this philosophy and the many techniques based upon it in *Kupua* tradition.

It is not necessary to believe in Huna, it is only necessary to try it ~ Serge Kahili King

For me, finding Huna was like coming home. It was a natural fit, flowing on from the way I instinctively felt and thought, bringing all my experiences so far into a crystal clear focus. It filled in the gaps and opened doors to a life of adventure over struggle. I still encounter struggles in life, but Huna has given me the tools to turn them into adventures and opportunities for growth.

Opportunities multiply as they are seized ~ Sun Tzu

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